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PS Avalon Publishing is an independent and committed publisher offering a complete publishing service, including editorial, manuscript preparation, printing, promotion, marketing and distribution. As a small publisher enabled to take full advantage of the latest technological advances, PS Avalon Publishing can offer an alternative route for aspiring authors working in our particular fields of interest.

As well as publishing, we offer a comprehensive education programme including courses, seminars, group retreats, and other opportunities for personal and spiritual growth.

Whilst the nature of our work means we engage with people from all around the world, we are based in Glastonbury which is in the West Country of England.



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publishing with the spirit of inquiry

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self development books

We publish inspiring reading material aimed at enhancing your life development without overburdening you with too many words. Everything is kept as simple and as accessible as possible.



Kabbalah: The Tree of Life Will Parfitt

ISBN: 978-0-9562162-1-2, 84 pp, square 216x216mm, £15.00

Modern Kabbalah integrates practices from many different traditions and the full colour images in this book create a unique and original synthesis of Kabbalistic and Medicine Wheel teachings of ancient cultures. The aim of both is to focus our attention, to awaken us to our innate, inviolable and unimpeded connection to natural forces and to our relationship with the earth.

The oldest, oral methods of teaching Kabbalah through inductive story telling involve the use of powerful imagery that has the depth and connection to make the spheres and paths of the Tree of Life come to life in a non-rational, non-linear way. The full colour imagery in this book offers a way of making connections using the imagination and the will to take the reader beyond separation and towards Oneness.

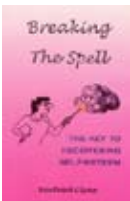


Psychosynthesis: The Elements and Beyond Will Parfitt

ISBN: 978-0-9552786-0-0, 272 pp, Demi 8vo 140x216mm, £13.00

Psychosynthesis is the psychology of choice not only as we transit difficult global times in the early stages of a new era, but also as we enter more fully into the exciting and challenging times ahead. This book explores psychospiritual and transpersonal aspects of Psychosynthesis, including a detailed description of its esoteric roots and the interface between Psychosynthesis and the Kabbalah.

A splendid book and well written. - Edith Stauffer



Breaking The Spell: The Key to Recovering Self-esteem Rachael Clyne

ISBN: 0-9544764-5-X, 120 pp, Demi 8vo 140x216mm, £10.00

Breaking the Spell arose from Rachael's own journey of recovery from low self-esteem as well as many years of working as a counsellor and therapist. It explains how self-esteem operates and offers ways of breaking destructive behaviour patterns. Each chapter contains creative activities for developing a healthier and more loving sense of self. The book is illustrated with Rachael's pertinent and witty cartoons.

Sensible and insightful... and life-changing. - Jenny Shepherd



Finding Your Self Through Madness Nicki Holland

ISBN: 978-0-9552786-7-9, 224 pp, Demi 8vo 140x216mm, £13.00

A rare opportunity to understand madness from the inside. A vivid autobiographical exploration of personal psychosis is woven into a well described theoretical framework. Author Nicki Holland is a psychotherapist who has worked in the field of healing for over twenty years. Through extremes of light and dark, Nicki leads the reader to a meaningful understanding of how psychotic experiences might be transformed into a greater sense of self and well being. Her work challenges conventional views and brings a message of hope to all those concerned with mental suffering.



The Missing Innocence Scott Humphreys

ISBN: 978-0-9552786-8-6, 100 pp, Demi 8vo 140x216mm, £10.00

In this remarkable book, Scott Humphreys reveals the loving source of patience and understanding that underlies all our worldly activities and concerns. A personal journey in search of God and the nature of existence, *The Missing Innocence* speaks to all of us at a deep level, reminding us of the heartfelt joy that comes from engaging with what each new day can bring.



Usual Me: The Rants & Ramblings of a Psychotherapist Geoffrey Windham

ISBN: 978-0-9552786-2-4, 104 pp, Demi 8vo 140x216mm, £10.00

Brimming full with cutting-edge psychology from the mind of a insightful psychotherapist, Windham's book takes the reader beyond the rants and ramblings of a psychotherapist into a deep inquiry not only into psychology but the very meaning of life itself.

A wealth of depth knowledge, Usual Me is a book that should be on bookshelves everywhere; well leafed, highlight marked, and a part of everyone's true life. - Shamai Currim



Psychosynthesis: New Perspectives edited by Will Parfitt

ISBN: 978-0-9562162-0-5, 276 pp, Demi 8vo 140x216mm, £13.00

Fifteen authors explore a variety of perspectives on Psychosynthesis in the modern world – including the transforming effect of love in the therapeutic process, the need for authentic relationship for therapy to be effective, how astrology can impact upon therapeutic work, the hidden mythic depths in the Harry Potter stories, how to go beyond protest and blame towards international cooperation, aspects of training, biblical literature, alchemy and gnosticism. Case studies and a sprinkling of first class poetry – all steeped in the visions and values of Psychosynthesis – make this collection a must for all practitioners and everyone who wants to further their own personal and spiritual development.



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new poetry books

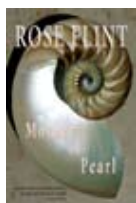
Our purpose: to bring you the best new poetry with a psychospiritual content. Our publications aim to make poetry relevant, offering work that is contemplative and inspirational, with a dark, challenging edge.



Still the Blackbird Sings Angelika Rose

ISBN: 978-0-9652786-9-3, 120 pp, Demi 8vo 140x216mm, £10.00

Vital to haiku is simple and immediate imagery that provokes us to stop and assess our own 'moment' of life through its subject. Such is the essence of Angelika Rose's poems: there is nothing extraneous, we are offered simple images and are challenged to face darkness without becoming caught up in our existential anxieties about life. A haiku intends two possible effects: a spiritual realisation, and/or a reminder of our human condition. In this fine collection, Angelika Rose offers us the opportunity to experience both.



Mother of Pearl Rose Flint

ISBN: 978-0-9652786-6-2, 138 pp, Demi 8vo 140x216mm, £10.00

Rose Flint writes poetry of that honours the truth of both flesh and spirit in equal measure and this, her latest collection, is mainly about women: magical women, healers, goddesses, mothers and daughters. Rose has a lyrical, magical way with words and poems within this collection have won both the Cardiff International and Petra Kenney International Poetry Competitions.



Out of Time Jay Ramsay

ISBN: 978-0-9652786-5-5, 204 pp, Demi 8vo 140x216mm, £12.00

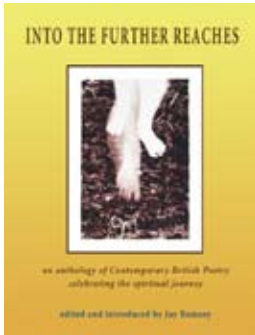
Jay has been called Britain's foremost transformation poet. Themes in this exciting new collection include: a Chinese sacred mountain, Ireland by bus, a beach in South Carolina, a suicide bomber, Maltese neolithic temples, Freud's Anna O, transgender, a black dog haunting, radical amnesia, the remembering of soul, past lives, and love poems for the greater love.



moonseanight Caeia March

ISBN: 978-0-9652786-3-1, 136 pp, Demi 8vo 140x216mm, £10.00

Deeply moving and intriguing poetry from the well-known feminist author, Caeia March whose work has been described as tantalising, sensual, tender and romantic. A story teller of great sensitivity, Caeia's work is movingly personal and yet at the same time it speaks to the core of each of us with a compelling truth.



**64 poets
celebrating the
spiritual journey**

Into The Further Reaches edited by **Jay Ramsay**

ISBN: 978-0-9552786-1-7, 252 pp, Crown 8vo 189x246mm, £15.00

An Anthology of Contemporary British Poetry

To take a step beyond – this is what this exciting new anthology of Contemporary British Poetry invites you to do at this time of transition.

Rooted in the Romantic and visionary tradition, these 64 poets form part of a powerful vanguard that is alive and well (and mature) outside of the accepted mainstream. These poets are alive on the page and in the mouth – intelligent, committed, colourful, spiritually conscious and awake to the edges of things in the clear seeing that poetry requires. Above all, this is a poetry book for travellers renegotiating the shape of our lives as we reach the end of time, with all it means to be here and in service of the Divine.

Ambitious, wide-ranging anthology. - Resurgence

A beautiful book...aesthetically well considered and pleasing to the eye and heart. - Marion Fawlk



She Who Walks With Stones and Sings **Rachael Clyne**

ISBN: 0-9544764-6-8, 112 pp, Demi 8vo 140x216mm, £10.00

Astonishingly rich poetry, full of spirit and humour, these poems touch the reader at the deepest level. Rachael draws much of her inspiration from nature and her love for the Goddess, as well as from her Jewish background, and uses poetry to express different aspects of the human journey: death and loss, family, relationships and she comments with humour on the challenges of aging.



The Heart's Ragged Evangelist **Jay Ramsay**

ISBN: 0-9544764-7-6, 136 pp, Demi 8vo 140x216mm, £10.00

What does it mean for us to open to a greater love ? Jay Ramsay's poems explore this theme personally and transpersonally within the context of a question he believes to be absolutely essential both to our present time and our future evolution. Jay explores this question and invites us into a mystery where we may discover we are much more interconnected than we know.



Tap Dancing To The Sunrise Timothy Hodor

ISBN: 0-9544764-8-4, 106 pp, Demi 8vo 140x216mm, £10.00

Poetry that immerses the reader in a pool of sadness filled with feelings of a profound and inexplicable loss that reminds us of the tenuous nature of existence. These poems are so intellectually satisfying and emotionally touching that they leave behind an abiding impression, informing your feelings and senses with a richness of imagery and connectedness.



100 Sonnets of Galactic Love Keith Hackwood

ISBN: 0-9544764-4-1, 120 pp, Demi 8vo 140x216mm, £10.00

Through his personal love of a woman, Keith Hackwood evokes the archetype of the original feminine, placing himself on the altar of her being as it manifests itself in endless multiplicity throughout all of time and space. This is the truth of the Other found in these poems, the interpenetration of meaning and life-force attained in truly opening to the divinity in another.



Dead Leaves Owen Ahrmanian

ISBN: 0-9544764-3-3, 152 pp, Demi 8vo 140x216mm, £10.00

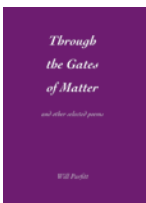
Explore the redemptive possibilities which exist in the energy of bitterness. From voices of innocence and sweetness, through relationship-blocking contradictions, to an archetypal, visionary root which nurtures energy into life, Ahrmanian's poems entice the reader towards a soulful resolution. Dare you risk it?



Charon's Hammer Keith Hackwood

ISBN: 0-9544764-2-5, 108 pp, Crown 189x246mm, £10.00

An opportunity to break bread and risk a tap dance with a man so in love with the world as to permit moonlight to sleep in his ears. Arch-druid of images, Hackwood tends and suckles the ugly and the beautiful alike with a metaphysician's fractal tenderness and a mother's devoted impunity. He just might change your life!



Through The Gates of Matter Will Parfitt

ISBN: 0-9544764-1-7, 116 pp, Demi 8vo 140x216mm, £10.00

All the imagery and experiences in the leading poems were inspired through entering total inner silence from where other realms which are co-existent with our own everyday reality become accessible. The remaining poems in this volume are the author's selection of the best works from a life time of writing poetry.

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